

Langtree Parish Magazine

November 2012



Sponsored by the Green Dragon



Welcome to the Autumn Edition

Well what a horrible summer we have had regarding the weather, on one day Langtree was cut off due to floods which I think is a rare occurrence, we are used to this with snow but not due to rain, but again this reminds us with such a close knit community there is always someone there to help if need be. Obviously this is such a minor occurrence compared to those in America at the moment and the devastation that has occurred in New York, our hearts go out to them. Let's hope we are in for a better season now and I do hope by putting the photos above of Langtree in snow this won't be a premonition.

Again we have had a busy season with lots going on at the parish hall, the church has had its Harvest Festival and as many of you may know my sister in law Emma Bond has completed a skydive raising money for Dr Buckland's Children's Holiday Foundation, Calvert Trust & Share Music, supported by The Torrington Rotary Club of which one of our local friends Linda Facey has just been appointed President, so well done Emma as she raised £5000, I know she would love to thank all those who helped her achieve this by sponsoring her.

The Green Dragon has also seen a change with Mike & Sarah Bridgeman hanging up there oven gloves, I'm sure as a community we wish them all the best and thank them for serving us such delicious meals.

I am sure with the last magazine you will have seen an improvement in quality, we are so much happier with how it is presented to you with our new printer working fantastically, we still urge anyone to contact us if you would rather just see the magazine online or if you have any articles or indeed pictures of events or landscapes etc which we can include in future publications.

I can't believe I'm saying this again so soon but Merry Christmas and a Happy New Year to all

Hayley & Tom

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14th & 28th November
12th December

**Langtree on a Thursday at the Parish
Hall**

10:40 to 11:15 (New Time)
1st, 15th & 29th November
13th December

Parish Whist Drive

£2 entry starts at 8pm at
Langtree Parish Hall



Thursday Nov 22nd
Thursday Dec 27th
Thursday Jan 24th
Thursday Feb 28th

British Legion Christmas Bingo

Shebbear Village Hall

Saturday 8th December

7:30pm

Prizes Include 12 Christmas



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With the awful weather we have been having, of course it had to rain during our Garden visit to Cookbury Wick in August. Everyone donned Wellies and Barbers to trudge around the lovely gardens. Although damp they all enjoyed the lovely lunch.

We provided teas at the Hall's 10th Anniversary afternoon. We donated profits of £100 to the McMillan coffee Morning appeal.

We are holding our Christmas lunch at the Bell Inn, Monkleigh on December 9th.

The speakers for the rest of the year are Steph Short for November who will be bringing some of her lovely patchwork along for us to drool over. Steph exhibits nationally.

December will see us wine tasting with a Bring and Share Supper and secret Santa. There will be Games and Quizzes.

In the New Year Ivan Godfrey will be returning to show slides of Nepal; February the Rev. Susanna Metz will be talking about her Life and Music; March to be arranged and April Lucy Lucey will be cooking up a feast.

Anyone is welcome to attend. please contact Sue Folland 601254 for further details.

Patricia Soby (Secretary)

OPERATION CHRISTMAS CHILD SHOEBOX APPEAL



A big thank you to everyone who helped in any way towards the Operation Christmas Child Shoebox appeal. With your help we have wrapped and filled 42 shoeboxes, which will be sent to children across the world who are living in difficult circumstances.

This year we had a 'wrapping party' when we wrapped shoeboxes with festive paper ready for filling (with plenty of time for coffee, tea, cake and chat). We were given some lovely hand knitted hats, gloves, purses and bags to put into the boxes along with gifts of toys, pencils, soap, toothpaste, sweets etc. Some people packed a complete box and others gave us gifts to send with each box.

So on behalf of all the children who will receive a shoebox, we pass onto you a massive

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Take a look into our 2012 programme and wet your appetite for the exciting varied destinations we have to offer, From London Theatre Breaks to the Highlands of Scotland, Winter Warmers to Spring Sizzlers, Dance the night away with entertainment breaks of relax in one of the tranquil British Isles. Or take a plunge into the destination of a lifetime.



Holidays 2013

| | | | |
|--------|---------|---|------|
| 7 Jan | 5 Days | Pride of the Peaks & Pennines | £135 |
| 7 Jan | 5 Days | Honey Pot Chester and Old Trafford | £145 |
| 11 Jan | 3 Days | Choc's, Shop's and Dock's | £99 |
| 14 Jan | 5 Days | Folkestone and Brugge | £139 |
| 14 Jan | 5 Days | The Splendour of the Cotswolds | £135 |
| 21 Jan | 5 Days | Scenes of Yorkshire | £135 |
| 21 Jan | 5 Days | Bournemouth, the New Forest & Harbour | £150 |
| 25 Jan | 4 Days | Country and Western in Caernarfon, Wales | £135 |
| 28 Jan | 5 Days | Lake District, Holmfirth and Liverpool | £135 |
| 28 Jan | 5 Days | Scenes of Sussex and Kent | £135 |
| 1 Feb | 4 Days | Paignton and the English Riviera | £120 |
| 4 Feb | 5 Days | Liverpool, Chester & Fred Dibnah Heritage | £198 |
| 4 Feb | 5 Days | Welsh Seascapes and Landscapes | £220 |
| 11 Feb | 5 Days | House Party in North Wales | £190 |
| 11 Feb | 5 Days | Regency Brighton and the South Downs | £140 |
| 11 Feb | 5 Days | Heart of England, Nottingham and Lincoln | £135 |
| 18 Feb | 5 Days | Blackpool, the Lakes and Bury Market | £135 |
| 18 Feb | 5 Days | Skegness Coast and Country | £150 |
| 22 Feb | 3 Days | Mystery Weekend | £130 |
| 23 Feb | 8 Days | Austrian Winter Wonderland | £430 |
| 25 Feb | 5 Days | Coal, Sculptures and TV Scenes | £150 |
| 25 Feb | 5 Days | The South Coast and Eastbourne | £170 |
| 4 Mar | 5 Days | North Wales Welsh Wonders, Llandudno | £145 |
| 4 Mar | 5 Days | The Pride of the Peak District and Buxton | £230 |
| 4 Mar | 5 Days | Victorian Seaside of Southport | £140 |
| 9 Mar | 3 Days | Regency Cheltenham Spa | £130 |
| 11 Mar | 5 Days | Norwich and the Norfolk Broads | £230 |
| 11 Mar | 5 Days | The Pennine Explorer | £160 |
| 15 Mar | 4 Days | Oxford, the Thriplow Daffodil Festival | £155 |
| 18 Mar | 5 Days | The Grand Duchy of Luxembourg | £260 |
| 18 Mar | 5 Days | Bournemouth and the New Forest | £145 |
| 20 Mar | 2 Days | Ollie Murs - in Concert | £130 |
| 22 Mar | 7 Days | Fort William and the Isle of Skye | £285 |
| 22 Mar | 4 Days | Murder Mystery Weekend | £130 |
| 23 Mar | 8 Days | Lake Garda Snowflakes & Crystal Lakes | £430 |
| 25 Mar | 5 Days | Welsh Wonders of North Wales, Caernarfon | £170 |
| 29 Mar | 4 Days | Flavours of Flanders Easter Break | £270 |
| 1 Apr | 4 Days | Market Towns, Black & White Villages | £180 |
| 1 Apr | 5 Days | The Isle of Wight | £195 |
| 4 Apr | 4 Days | The Grand National Meeting, Aintree | £265 |
| 5 Apr | 3 Days | Mystery Weekend | £130 |
| 8 Apr | 5 Days | The Mythical Journey - Valley of Wales | £180 |
| 8 Apr | 5 Days | All Inclusive in Enniscorthy, Ireland | £350 |
| 8 Apr | 5 Days | Flavours of Wales - Barry Island | £185 |
| 14 Apr | 6 Days | The Isle of Man | £345 |
| 14 Apr | 5 Days | Cheshire and Chatsworth House | £275 |
| 15 Apr | 5 Days | The Scottish Borders and Edinburgh | £255 |
| 19 Apr | 4 Days | The Dutch Bulbfields - Holland in Bloom | £280 |
| 20 Apr | 5 Days | Belfast's Titanic and Dublin | £350 |
| 22 Apr | 10 Days | Tuscany, Florence and Leaning Pisa | £780 |

| | | | |
|--------|---------|---|-------|
| 23 Apr | 9 Days | Fort William, Isle of Skye and Isle of Mull | £520 |
| 26 Apr | 4 Days | Harrogate & the Spring Gardening Show | £220 |
| 29 Apr | 5 Days | Yorkshire Railway Journeys | £270 |
| 3 May | 4 Days | Spalding Flower Parade and Skegness | £200 |
| 6 May | 5 Days | The Dutch Bulbfields and Amsterdam | £370 |
| 6 May | 5 Days | Bournemouth, New Forest and Exbury | £255 |
| 9 May | 5 Days | Scenic Shropshire and Victorian Farm | £240 |
| 11 May | 9 Days | The Outer Herbrides | £685 |
| 13 May | 8 Days | Gardens Galore and Wales on Rails | £490 |
| 14 May | 8 Days | Killarney and The Ring of Kerry | £555 |
| 20 May | 6 Days | Pennines, Splendour of the Lakes | £300 |
| 22 May | 7 Days | Aberdeen and Royal Deeside | £290 |
| 24 May | 2 Days | The Chelsea Flower Show & RHS Wisley | £160 |
| 26 May | 7 Days | Jersey - The Tranquil Island | £415 |
| 27 May | 5 Days | Splendour of the Lake District | £300 |
| 29 May | 11 Days | Telemark. the Western Fjord Highlights | £1085 |
| 31 May | 4 Days | Holker Garden Festival and the Lakes | £260 |

Turkey and Tinsel & Festive Breaks 2012

| | | | |
|--------|--------|--|------|
| 5 Nov | 5 Days | Isle of Wight | £220 |
| 5 Nov | 5 Days | Snowdonia Winter Warmer | £220 |
| 5 Nov | 5 Days | Bournemouth | £199 |
| 5 Nov | 5 Days | Forest of Dean | £265 |
| 12 Nov | 5 Days | English Riviera | £240 |
| 12 Nov | 5 Days | Blackpool and the Lakes | £205 |
| 12 Nov | 5 Days | Mill Rythe - Hayling Island | £218 |
| 12 Nov | 5 Days | The South Coasts & Eastbourne | £210 |
| 19 Nov | 5 Days | Tenby - South Wales | £260 |
| 25 Nov | 4 Days | Norfolk and Thursford Spectacular | £220 |
| 26 Nov | 5 Days | Corton Village and Thursford Spectacular | £280 |
| 26 Nov | 5 Days | Regency Brighton | £205 |
| 26 Nov | 5 Days | Folkestone and Brugge | £220 |
| 3 Dec | 5 Days | Harrogate and Yorkshire Dales | £229 |
| 7 Dec | 4 Days | Norfolk and Thursford Spectacular | £220 |
| 7 Dec | 4 Days | German Christmas Markets | £270 |
| 22 Dec | 7 Days | Christmas in the Scottish Highlands | £450 |
| 30 Dec | 3 Days | New Year in London | £185 |

London Tours and Theatres 2013

| | | | |
|--------|--------|---|-----------|
| 19 Jan | 2 Days | Top Hat or Bodyguard | £165/£185 |
| 2 Mar | 2 Days | Viva Forever - London Theatre | £185 |
| 2 Apr | 2 Days | Harry Potter - Warner Bros Studios Tour | £149 |
| 13 Apr | 2 Days | War Horse - London Theatre | £185 |
| 11 May | 2 Days | Harry Potter - Warner Bros Studios Tour | £165 |
| 8 July | 2 Days | Charlie and the Chocolate Factory | £170 |
| 7 Sept | 2 Days | Jersey Boy's or We Will Rock You | £190 |
| 22 Oct | 2 Days | Billy Elliot or Wicked London Theatre | £165 |
| 23 Nov | 2 Days | Matilda London Theatre | £175 |



For passengers that opt to join at our depot, why not incorporate a treat for your car, our workshops are fully equipped for cars and commercial vehicles including HGV's. Let us MOT your car, Service your car or maybe a valet.

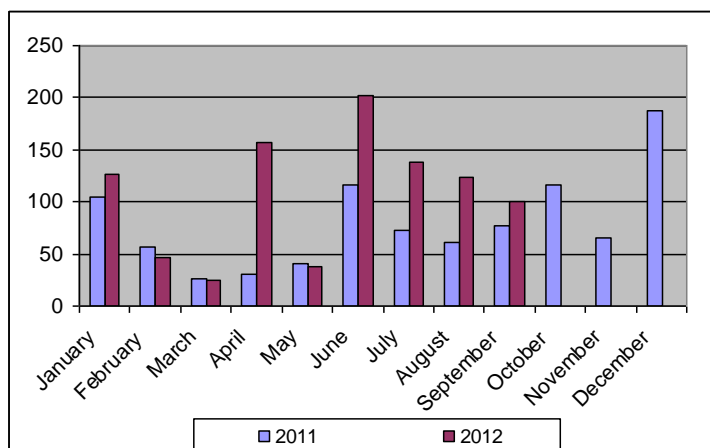
Day Excursions

| | | |
|-----------------|-------------------------------------|--------|
| Sat 10 November | Cribbs Causeway or Cabot Circus | £17.00 |
| Sat 17 November | Cardiff Shopping | £18.00 |
| Sat 1 December | Bath Shopping and Christmas Markets | £18.00 |

Langtree Rainfall

From Joan Lampard

| | 2011 (mm) | 2012 (mm) |
|-----------|--------------|--------------|
| January | 105 | 127 |
| February | 56 | 47 |
| March | 26 | 24 |
| April | 30 | 157 |
| May | 40 | 38 |
| June | 117 | 202 |
| July | 73 | 138 |
| August | 61 | 124 |
| September | 77 | 101 |
| October | 116 | |
| November | 65 | |
| December | 187 | |



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Hobbies, Arts and Crafts Group

Every Tuesday morning from 10.30 – 12.30 our group meet in the Parish Hall for a friendly, sociable couple of hours. There is always much chatter and laughter whilst “putting the world to rights”, and discussing anything that takes our fancy!

Of course we enjoy pursuing our Hobbies etc., and it has inspired some people to try something different. If this sounds like just the thing for you please come along and join us, you will receive a very warm welcome, and perhaps a chance to meet old friends and possible make a few new ones. £1.50 per morning which includes tea/coffee and biscuits.

If you have any queries please call
 Sylvie 01805 601485
 or email (sylvie.smith@tiscali.co.uk)

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From the Team Rector

Rev Martin Warren, tel: 01409-281424

Would you really want to jump off a balloon at 24 miles above the earth's surface and feel-fall to earth? And in the course of that fall to exceed the speed of sound, not knowing what that was going to do to you? Just what sort of crazy mind must you have to even think of doing such a thing? It unimaginable really?

And yet that is exactly what has just been done. It took only 4 minutes to complete the fall – 4 minutes out of hell, I should think! But it had taken years to prepare. Huge amount of work and forethought, planning and people involved. Quite extraordinary!

But as nothing compared to what we celebrate as we approach the Christmas season. How God parachutes into earth. The distance is much greater than the 24 miles from the edge of space. This is heaven to earth. The planning has gone on from eternity; the risks are of eternal consequences. For God to be born as a baby, squeezed into the tiny form of a human frame. It is just unimaginable.

And what is it that drives such an action? Just what is the mindset? Apparently it is the overwhelming driving power of love. A love that just won't give up; that will take any risk to win back the people it has lost; that just longs to see the very best for us all.

Would you do it? Well, one or two of us might skydive 24 miles at over 700mph! There are few of us nutty enough. But to give everything out of love for the human race – for you and me? It takes something.

Yours,

Martin Warren.



From the Registers

Baptism: Welcome to the Church family

8th July Summer Lewis - 2nd Sep Katie Bond

Wedding:

Congratulations! 18th Aug Hannah Smith and Alastair James



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Services at All Saints' Church

November

4th 9.30am - Morning Prayer
11th 10.50am - Remembrance Service
18th 11.00am - United Service *at Methodist Chapel*
25th 9.30am - Holy Communion

December

2nd 11.00am - Christingle Service
9th 11.00am - Family Communion with Baptism
16th 6.30pm - Carol Service
23rd 9.30am - Holy Communion
25th (Tues) 10.00am - Christmas Communion
30th 11.00am - Team Communion *at Petrockstowe*

January

6th 9.30am - Morning Prayer
13th 11.00am - Family Communion
20th 11.00am - United Service *at Methodist Chapel*
27th 9.30am - Holy Communion

February

3rd 11.00am - Morning Prayer

Christingle Service

Preparing for Christmas

Sunday 2nd
December

11.00am

Parish Church.

Christmas at the Parish Church

Sun 16th Dec 6.30pm
Carol Service

Sun 23rd Dec 9.30am
Holy Communion

Christmas Day 10.00am
Christmas Communion

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Langtree Short Mat Bowls Club

The Club continues to prosper and we have been delighted to see some new faces through the summer and early autumn and the familiar comment is what a friendly and welcoming club we are.

We continue to hold our roll-up sessions on a Wednesday afternoon from 1.15pm to 3.30pm. In addition we do have roll-up sessions on a Monday and Wednesday evening, 7.15pm to 9.30pm although these sessions are sometimes disrupted due to league matches with the majority of the members who would normally attend these sessions being on duty. So if you fancy attending one of the evening sessions please check first.

We are delighted to announce that we have secured funding through Torrington District Council to provide additional equipment for the purpose of encouraging boys and girls to take up indoor bowls. Unfortunately bowls does seem to have a reputation as a game for the old folk (even when they are young at heart), which it does not deserve. One North Devon club has been successful in developing young players and now proudly has two England under 21 internationals playing in their teams. It would be great if Langtree could follow their lead. We are hoping to start sessions early on Wednesday evenings in January so watch out for the publicity.

During the summer we competed in the North Devon & North Cornwall Division One Afternoon and Evening Leagues, finishing third in the former and second in the latter. We were also in the Merton League and finished third.

This winter we are playing in a total of four divisions with five teams plus numerous cup competitions so we look like being busy. We have created two additional teams to play in lower divisions to give members who wish to compete opportunities to play and develop their skills before playing in more senior games. Selection is made on the basis of mixing experienced players with those less so.

Finally and on a sad note we have to announce that our previous club secretary, John Vickery, died recently. John was devoted to the club and worked hard to ensure its success and in the additional role of fixture secretary, he spent many hours arranging our trips across North Devon and North Cornwall. John will be sadly missed by us all and our condolences are extended to his family.

Brian Jordan (Captain)



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Notes from the Parish Council

From the highest point of our farm I can see Dartmoor, Exmoor, Bodmin Moor, Braunton, Littleham, 34 wind turbines, a glimpse of the sea and on a very clear night a T.V. mast in South Wales. That means we also feel the strength of every gale but at least we are not on a flood plain. Having said that this year has seen even the most unlikely places experience problems with huge amounts of rain falling in a short time on already saturated ground. At the same high spot muddy water was 150 mm deep at one point. Few of us will have escaped difficulties with getting places, or poached fields, or water in the house.

Parish council would like to thank all those who have cleaned gratings, rescued the stranded and helped out in any way. Once more we are looking at road damage and highlighting problems to DCC so if you see something that needs repairing tell us and we pass it on.

At last we have progress on acquiring defibrillators for our villages. Soon they will be up and ready but of course we hope they will never be needed. Several parishioners have expressed an interest in learning to use them and being a named first responder. The Parish Hall committee are coordinating the training sessions.

May I remind you that LPC meetings are on the second Thursday of every month unless advertised and takes place in the committee room of the Hall.

David Ley - Chairman - Langtree Parish Council

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Parish Hall Players

Terry Attridge

Just to say that the pantomime is well under way. As I said in the last edition of the Newsletter we have chosen Jack and the Beanstalk. The majority of the parts have now been allocated and we will be rehearsing regularly on a Tuesday evening at 7.30pm in the Parish Hall. We have a few new stars and one or two returning characters. I play the part of an East End yobo which, as you will suppose, will strain my acting abilities. There is still a requirement for chorus if you are not too shy to appear on stage and have rudimentary singing and dancing skills. If you can sing but are too shy to tread the boards we would like to recruit a few people to sing off stage, so make yourself known to us.

The dates for your diary are the evenings of Thursday 24th Friday 25th and Saturday 26th of January with an additional matinee performance on the Saturday afternoon to enable the smaller children to join in the fun.



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Little Acorns Toddler Group

Our group runs every Thursday morning during term time, in the parish hall from 9.15 to 12 noon. You will find that we are a friendly relaxed group and have a range of toys for babies and toddlers to play with. We provide a snack at about 10.30am for the children and a tea or coffee for the adults, at a cost of £1 per child and 50p per sibling.

We would welcome anyone who would like to come along and join our group. Please feel free to pop in on a Thursday morning or give Anna Moseby 01805601155 or Laura Coles 01805 601666 a ring.



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Defib?



We attended the recent defibrillator demonstration a couple of weeks ago. I expected the defibrillator to be of greater importance than the old cardiopulmonary resuscitation (CPR) where you push up and down on the casualty's chest, but no, the two techniques go hand in hand. Indeed it could be said that the CPR is of greater importance since, as the term suggests, it may resuscitate the patient alone alternatively it keeps the patient oxygenated until the defibrillator or emergency services arrive. I do urge as many people as possible to get to the next demonstration.

I was quite at home with the CPR. It appears that you place your hands one on top of the other, in the middle of the patient's chest and pump up and down 30 times before checking for breathing. You need a tempo of 120 pumps per minute which can be achieved by singing 'Staying Alive' which could be ironic or if children are present 'Nellie the Elephant' can be sung and serve equally well.

I began to feel First Aid may not be the thing for me when we were informed that mouth to mouth resuscitation was no longer used apparently because the patient often vomits during this procedure. When

we got on to the defibrillator we were informed that modesty was no part of the treatment. It was important to get to the flesh ASAP. If the patient was male then you might be confronted with a hairy chest. Now, two sticky pads have to be applied, one just below the collar bone on one side of the chest and one just above the lowest rib on the other side. It is essential that these pads make good contact with the skin so a razor is supplied to shave the chest. When with a grimace I confided this to a friend that I didn't much like the idea of shaving a man's chest it met with a snort of derision and the dark remark, 'Of course you were never in the army'.

It got worse. If the casualty was female one had to check for wire in the brassiere and the presence of nipple rings. Apparently when the defibrillator discharges it's electrical pulse metal on the chest becomes so hot it causes burns. The phrase fried nipple was used.

I immediately pictured myself at a Sunday Lunch in the Parish Hall trying to apply the defibrillator to a collapsed patron who I very probably would know. This would attract the attention of the curious folk of Langtree who would stand in an attentive circle around the casualty while thoughtfully spooning away their second helping of tiramasu. Supposing I was groping around in a matronly D cup, like a pig rooting for truffles and the lady in question came round spontaneously. Even worse supposing the memsahib came by at that moment, would the perennial 'This isn't what it seems' cut the mustard? Supposing I were to find a nipple ring. I've no experience with these things. How do they undo? Do you need wire cutters? Do you use your teeth? Nightmare. Perhaps we should organise a register of women with these breast adornments to be kept with the defibrillator or would that attract the idle curious? Perhaps these ladies could wear a dog tag announcing the presence of this jewellery or asking for female assistance only. I dunno.

In conclusion I urge you to get yourself trained in the use of this machine because in the event of an emergency you may be called upon to act while I reserve the right to run around like a headless chicken.

Terry Atridge

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Langtree Parish Hall – by Sue Lee

Good news! Our grant application to Leader 4 part of North Devon + was successful. This is for an extension to the small committee room next to the kitchen and additional storage space at the back of the kitchen. We were awarded £48000 which is matched funded by our own reserves. The new facilities will offer a wider range of opportunities to the Parish and also make the hall fit to market for commercial uses such as seminars and conferences. At the moment the main hall is booked from Monday to Thursday for clubs and societies and this means that some groups are turned away as the committee rooms are too small. It will also mean that a small party can take place in the enlarged room. We have also had a request from the Shebbear surgery for a satellite surgery to be held at Langtree and this is being pursued. At the time of writing building regulations are being drawn up and then the plans will go to tender. It is envisaged that building work will start in the New Year subject to weather conditions. There will be no disruption to Hall activities until the extension is almost complete and then the main Hall should not be affected.

The defibrillator bought through funds generated at the last Christmas auction finally arrived and is now installed outside the Parish Hall in its own heated cabinet. A familiarisation session was held organised through Westcountry Ambulance service and 17 parishioners attended where we practised CPR on dummies and set the defibrillator up. The clear message I came away from the session was the great importance of administering C.P.R and that contrary to some myths the defibrillator will not deliver the electric shock to the heart if not needed. There have been requests for a further demonstration and familiarisation session of the use of the defibrillator and CPR demonstration so if you wish me to add you to the list please let me know. (Sue 601602) A second defibrillator is now installed outside Travis Perkins in Stibb Cross. This has been organised through the Parish Council.

The Parish Hall Committee will be holding their AGM on 17th November at 7.30pm where the annual accounts will be presented and officers elected. This will be followed by a Committee meeting where projects and events are discussed for the year and is also an opportunity for anyone who would like to join the committee as a member. We meet usually on the 3rd Thursday of the month at 8pm. However if you have any ideas or requests and would prefer not to be a committee member please tel either Anne Cadman 601609 or me 601602. We are always looking for new ideas!

There are now a range of physical activities at the hall varying in energy requirements!
These are open to all so just turn up!

| | | | |
|-------------------|--------------------|--------------------|-----------------------|
| Mondays | Pilates | 9.30am – 10.30am | £5.00 |
| | Body Blast | 6.15pm – 7.15 pm | £5.00 |
| | Short Mat Bowls | 7.30pm – 9.30pm | £3.00 (if not member) |
| Tuesdays | Zumba (low impact) | 9.15pm – 10.15am | £5.00 |
| Wednesdays | Short Mat Bowls | 1.15pm – 3.30pm | £3.00 |
| | | or 7.30pm – 9.30pm | £3.00 |
| Thursdays | Zumba | 6.30pm – 7.30pm | £5.00 |

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In the New Year there will also be additional activities organised through Torridge District Council. This is in reply to the survey carried out through their Active Village scheme. There will be two 6 week courses and are FREE and come complete with a coach and all equipment!

Originally it was thought that these would be before Christmas but now due to take up by other venues they will be in the New Year.

The sessions will be TENNIS on a Saturday morning 12.30pm – 1.30pm and – Multi Skills on a Tuesday afternoon on 4.30pm – 5.30pm. The starting date of these activities is not yet arranged.

The Hall is being used for election on Thursday 15th November and as a counting centre on 16th November.

Christmas activities at the Hall include

Making Christmas Floral Decorations

1st December 10am – 2.30pm

with Gina Hazelhurst. £6.00

Please book a place with Sue. 601602

~~Christmas Lunch Sorry sold out~~

2nd December

Christmas Auction of Gifts and Promises

Friday 7th December 7.30pm

Complimentary mulled wine and mince pies will be available so you can view the items. The auction will start at 8pm. If you have any items or promises please bring to the Hall foyer on Friday 7th. If not come along anyway and bid – it is a fun night!

Church News

The Harvest Supper was a success as usual. £663 was raised for the church funds. The PCC would like to thank the following, Mary Nicholls and her helpers for the lovely supper, Geoff Bond for conducting the Auction, Joyce Bond for running the raffle and the ladies who decorated the church so beautifully. It was felt that the evening was rather long so next year we plan to start the service at 7:00pm and to try Sarah Folland's suggestion of putting the produce in baskets and/or boxes prior to the Auction. This should shorten the evening considerably.

During the summer some members have completed some outstanding jobs around the Church so we would like to thank Geoff Folland with help from Brain Hill for cleaning the gutters and down pipes of the rubble left by the workers who did the roof; Pat Mitchell for fixing a new handle on the main door; Mark for repairing the Vestry ceiling (Ros Hancock and I will paint the vestry when we discover where the leak of the roof is); and Stephen Mailes for repairing the painting the door at the top of the Belfry.

We looked at quotes for the outdoor lighting, two of which were over £900. We feel that this is too much money for lighting which will be used by more than 3 times a year. Mark and I are to look for alternative methods.

Special Services for the rest of the year.

November 11th – Remembrance Service at 10:50am

December 16th – Carol Services at 6:15pm. Mince Pies to follow.

As some of you will have heard Martin Warren has been granted a Sabbatical which will run from mid January to mid April. This is the first one he had been granted. We wish him well and hope he comes back refreshed. Susanna Metz with some help from Julie Cartwright and Reader Jon Berry will cover the services

Patricia Soby – Church Warden

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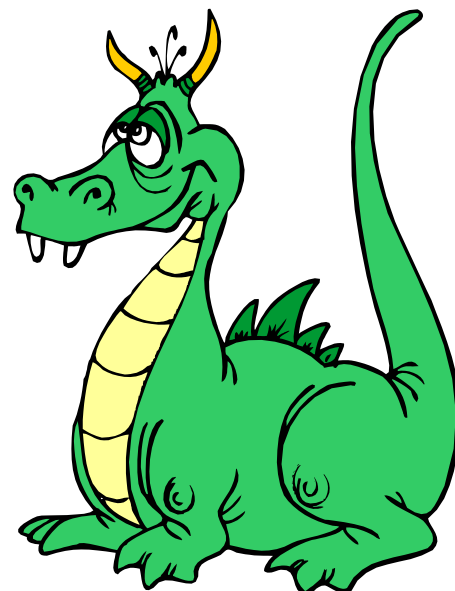
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INN,



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- Deep fried Brie served with dressed leaves & Cranberry Sauce (V)
- Homemade Pâté on Melba Toast served with dressed leaves & Red Onion Chutney
- Melon salad (V)

MAINS

- Roast Turkey, served with Pigs in Blankets, Roast Potatoes, Honey glazed Parsnips,
- Brussel Sprouts, Carrots, Chestnut Stuffing & Cranberry Sauce.
- Honey Glazed Ham served with Roast Potatoes, Mediterranean Vegetables, Honey Glazed Parsnips & Carrots.
- Roast Beef & Yorkshire Pudding served with Roast Potatoes Honey glazed Parsnips, Brussel Sprouts, Carrots & Horseradish Sauce.
- Nut Roast served with Crushed New Potatoes, Mediterranean Vegetables, Brussel Sprouts & Carrots. (V)
- Rainbow Trout stuffed with Julienne Carrots & Leeks baked in White Wine served with Crushed New Potatoes & Mediterranean Vegetables

DESSERTS

- Christmas Pudding served with Brandy Sauce or Clotted Cream
- Homemade Apple Pie served with Custard or Clotted Cream
- Fresh Fruit Salad
- Cheese & Biscuits
- Coffee or Tea with a Mince Pie
£16.00 per head

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Friends of Langtree Church

It has been a very exciting time for everyone this year with the Queens Jubilee and the Olympics. The "Friends" have been busy raising funds as well. Our Jubilee Lunch made a profit of £1691.96, and the Whist Drives, which take place every 3rd Thursday of the month at 7.30pm, have made a further £265.40. We are still collecting the Smartie Boxes which so far amount to £557.20. We have only received 60 or so boxes so far but it is not too late to return them to any of the "Friends".

Next year we are toning down our fund raising, however, it has been suggested that we have a sponsored "Bike Ride". We would be very interested to know if anyone would like to participate, please contact Mary Nicholls 01805 601235 or Sylvie Smith 01805 601485 if you are interested. We have not set a date yet as we are waiting to see what sort of response we receive.

A huge THANK YOU to everyone that has supported us again this year.

Sylvie Smith

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Zion Methodist Chapel

A letter from our new minister who started his work in the joint Shebbear & Bideford Methodist circuit in September

Dear friends in Christ,

I can hardly believe that two months have sped by, but it must be the case because I am depending on my sat nav less and less. It has been good to be able to get to know many of you and I realise that I still have many more of you to meet. There are exciting things happening here and so much work in the name of Jesus that I am thrilled to be a part of it with you and thank you once again for the privilege.

This is the time of the year when I switch from one diary to another, and it seems no matter how careful I am I find myself thinking now what have I forgotten to transfer over. It does happen, so please if there is anything that you have told me about for January or February please do not hesitate to remind me.

Just weeks away from Christmas already, and having completed the first preaching plan my thoughts are turning to Lent and Easter already and at the time of writing this the harvest services are over with for another year.

However the Christian Church has its own calendar and in the Church's calendar the New Year begins on the first Sunday of Advent.

Advent marks that time when darkness begins to grow weaker and the sun becomes stronger, so I see Advent not only as a preparation for celebrating Christmas and Christ's coming but also as an invitation to breaking through the darkness to light. It offers us a challenge that comes to us very forcefully with a question, is there any darkness in your life that you want to overcome, or what darkness in the world would you want to see overcome? What breakthrough would you and I want for this New Year?

Can I suggest that if you like me are looking for an Advent motif in order to roll back some of that darkness, it might be the motif of light bearing. You might not realise it but you all have within you an incredible power to bring light into someone's life. A gesture to make someone feel better, a smile, picking up the telephone, a courteous note, an apology given, a loving word spoken, a reaching outward to a stranger in need, a speaking up for justices very simple things but with them we can heal hearts and souls and often bodies.

When you are writing your Christmas cards this year, write one to someone that may not be getting any, spare a thought to for those families for whom this Christmas will not be easy. Perhaps the first Christmas without a loved one.

If this world, this nation, if you and I as a faith community are going to roll back the darkness then Advent is the time to begin. A new year, a new beginning, a time when the darkness begins to slip. Then hopefully in your life and in mine and in the lives of those we touch the Son Jesus will begin to rise. God has given us the power to make it happen.

God Bless you all

Ken Morgan





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November

4th Rev K Morgan
11th United Remembrance
service at All Saints 10.50 am
18th Mrs V Sheriff
25th Mrs L Dawe

December

2nd Gift Service
9th United at All Saints
16th To be arranged
23rd Carol Service
30th To be arranged

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Christmas will soon be here and lots of preparations are well under way by now I'm sure. In our archives we have a small selection of Christmas activities photographs from the past but I think there may be lots more we haven't got. Our collections include a number of the plays which were performed at the Parish Church under the directions of Mrs Sinclair Wallington for 20 years or more, and some of the children's nativity plays at the Chapel, but we have photos very few of what happens at our school. Do any of you have photos of Christmas events such as nativity plays, Carol Services, Fairs, and even seasonal lunches which you would be willing for us to copy?

Do you have any school group's photos, we have quite a number from the earlier school, many of which were taken outside the former Rectory entrance or by the old school wall, but we have very few from the 1950's onwards. I'm not sure if pictures are taken every year but they do make a fascinating record of the children who have grown up in this Parish, or maybe lived here for a short while during their childhood. If you do have pictures would you be able to name all or any of the people in them? Even if you can't someone else may be able too so we'd love to see them.

Don't forget we are still adding to our wedding photo collection so if yours isn't included there is still time to add it in. Our Holiday postcard project is still growing so any contributions to that are always welcome.

Our next Exhibition is April 2013, Friday 26th and Saturday 27th, when lots of Photographs and Documents will be on view. Some will have been seen before but most people find them well worth seeing again as there is too much information to absorb in one viewing, there will also be lots of new things from the projects we have done since our last exhibition 3 years ago

I can be contacted on 01805 601228

Congratulation to my Sister Emma for Completing her Sky Dive



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One Traumatic Twelve Months

It has been an interesting year for me and despite the fact that my wife will not be happy that I have written this, I do so for a number of reasons.

Firstly I have a good tale to tell. Secondly I think that it is only right that I acknowledge, with gratitude, the tens and tens of thousands of pounds of public money that has been channelled and continues to be channelled in my direction. Lastly I want, in my own way, to thank a whole heap of people.

My story begins almost exactly a year ago when I took myself to the hospital at Barnstaple. I do not 'do' illness, or doctors, or hospitals any more than I must, but I was really not feeling over well! My low blood pressure was, when I was examined, found to be less of an issue than the fact that I did not have over much blood!

At the hospital they took some more blood out from my arm for tests and, in return, gave me back a lot more than an arm and leg full! At this time I was successively rollicked by just about everyone at the hospital for not having sorted myself out earlier. This was followed by similar rollicking from my relations, friends and a fair proportion of the population of Langtree where we live (my excuse is that, for Heavens sake, I am a bloke!).

I was diagnosed as having the dreaded C.- Cancer.

The growth in my colon was, in due course, brilliantly lopped out - but the numerous tumours in my liver included one which was particularly nasty. They were a different kettle of fish! Barring some sort of miracle I was told at the time that the Grim Reaper was at my side and that I was scheduled to exit left, sooner rather than later.

I decided there and then that I was not going to lie down with my feet in the air but was going to make the most of things and wow am I doing so! Of course there have been big changes.

The first, I suppose, was that my daughters long term boyfriend (partner) proposed to her. I was about the first to know, when he telephoned me from France to formally ask for my blessing (and goodness this was 2011!). He was, very happy and had consumed more than a small sweet sherry! (Jon had known that Heather wanted her Dad to walk her down the aisle).

My condition was diagnosed as being inoperable and terminal. Without chemo' say six months. With chemotherapy maybe a year or more?

Time passed into this year and my next scan showed that the chemotherapy was doing its stuff. All the cancers in the liver had reduced and even the big one



was a little less. Some tiny ones had disappeared. It turned out then that there was a possibility that the surgeons in Plymouth, who had studied my scans, might, if things were OK at the next three monthly scan, be prepared to operate on the still nasty growth in the horrible area. Risky, with further op's to follow, but hey-ho!

The 'inoperable' part of the 'terminal-and-inoperable' was maybe a tad premature?

In March, Heather and Jon married at Bickleigh Castle near Tiverton. It was a lovely wedding and proud Dad did walk daughter down the aisle.

It is of interest that quite a lot of the chemo' I have had is platinum based. I think if I were to be melted down I could be sold for a fortune!

This June, I had both X-Ray and Ultrasound scans (presumably in preparation for the operation). These scans are hilarious and not really all that scary. One lies on ones back, thinking of England, and the flat bed feeds itself through a large polo shaped hole to the inside where it does its stuff. The ultrasound one is particularly amusing because, apart from being quite noisy, it bumps up and down from time to time, and sometimes vibrates. A lady I met said the sensation is not dissimilar to leaning against a washing machine on fast spin!

I took a CD of Queen to listen to on the headphones provided. Now and again the machine stopped dead, as did the music, and a hollow voice said something like "take a deep breath and hold it for the next twenty three minutes. Only another fifty procedures to go." (OK so I exaggerate!). Then back again to the Bohemian Rhapsody. But I digress:- Still in June, Pam and I went to see Doctor Napier, my Oncologist, for the scan results, during my normal three weekly visit to him. Funeral Directors and Oncologists are not, in my experience prone to jollity. They do not start a conversation with a beaming smile and something like "have you heard the one about the nun and the contortionist?"

Dr. NAPIER is no exception to this, but when we saw him he was almost smiling and then he gave us the most earth moving shock that I have ever experienced.

Two of the words he used were "**remarkable**" and "**amazing**" and there were a lot more on the same lines. Both of the scans showed completely clear! **ALL** the cancers had disappeared. If there are any left they are (and were again last month) 'below the radar'.

'Terminal' and 'inoperable' no longer applies. After all it is not possible to operate on what is not there! Is that good or is it not?

We went home very, very emotional and drank quite a bit of champagne; we can still barely get to terms with what we learned that day. I still talk too much.

The 'Big C' may or may not return and I may or may not need further chemotherapy. Who knows? There is no way to tell. Regardless, I must say that I am seriously enjoying life. I am looking forward to seeing next years primroses. This is somewhat different to wondering, as I did last back end (seems a million years ago), if I would be well enough to see the hedgerow primroses in 2012!

I now, with your indulgence, want to talk about the main reason for writing this. It would be easy to say "I owe quite a lot of people my thanks" or something equally meaningless but, now I have thought about it properly, there are a heck of a lot of people to whom I have reason to be grateful. Let 's consider some of them:-

Number one is the love of my life, Pam - and then there are the rest of the family and my friends, and our neighbours in and around Langtree, many of whom I have, without doubt, bored to tears, who have given me love and massive support from the off. Massive encouragement and support.

There are the professionals, so many of them, all of whom have rooted for me. There are the surgeons (one of whom, Mr CARTMELL, I have thanked

personally - and some I do not know), various doctors and anaesthetists; those who operate the scan machines and their assistants; 'routine' nurses on the wards and at receptions and nurses at various 'vampire' clinics.

My blood has been taken many times by nurses. It is sent to someone, somewhere, who presumably sticks it into a machine. The results are available within a day.

Then there are the chemo' nurse specialists who cheerfully and professionally poured the poison into me. It sure did its stuff!

These poisons are especially formulated for each individual and have to be mixed immediately, in a sealed environment. Some people, unknown to me, do this before it is dispensed by someone else.

The numbers of people are sure adding up and what on earth is it all costing?

It is worth remarking that all of the many people I have had contact with during my illness have been - what shall I say? Super.

There is, for example, the lovely Rev. Martin WARREN, whom I spoke to at the Primary School Christmas Play when I discussed funeral arrangements (mine). These plans are now thankfully back on the shelf! Other people include Lucy who turned up at home, out of the blue with her quiet chuckle and a jar of her Dads honey, which she said would do me good. It is arguably the best honey in the world so it probably has!

My appreciation extends as far as Graham who 'lives' at the hospital reception, of whom a nurse I know said "knows everything". Amongst other things, he reassures many people who like me, when stressed, ask stupid questions. There is also Roz who, at the chemotherapy clinic, possibly does not know how much she is appreciated as she dispenses tea and coffee and niceness.

NHS members and the others have been like a warm duvet or cloak around me in my time of need. I sincerely believe that had I lived in many parts of our country rather than here, I would have before now been straight forward dead and pushing up daisies following a seriously torrid time.

So! What of now? Well, I understand my son in law is considering suing me for false pretences as a result of which he became 'hooked'!

Pam and I look after Edolie (22 months) two days a week, as grandparents duties. She is gorgeous and I had a funny thought last night, that with a bit more good luck, when she is an old lady, she will remember the grandpa who helped look after her for years when she was little.

We will see.

Ian D.Wilson - Langtree

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Riddle-Me-Re

My first is in Langtree and also in Stibb

[]

My second's in honest but never in fib

[]

My third is in Tarka and also in otter

[]

My fourth is in Harry and also in Potter

[]

My fifth is in Giffard but not in Weare

[]

My sixth is in badger and also in deer

[]

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|----------------|--------------------|----------------|--------------------|------------------|
| October 2011 | 50 Madison Kirk | 248 Jenny Gubb | 191 Anne Izzard | 96 Colin Harris |
| November 2011 | 175 S Dowson | 158 T Robinson | 289 S Hollingworth | 28 S Bridgman |
| December 2011 | 294 C Edworthy | 195 M Perrett | 129 M Taylor | 90 B Hill |
| January 2012 | No draw this month | | | |
| February 2012 | 139 J Daniels | 156 S Craske | 48 Grenville Bond | 224 J Mackenzie |
| March 2012 | 231 D Daniels | 161 Carol Wood | 251 Richard Mills | 247 Mrs Saywell |
| April 2012 | 97 N Harris | 138 J Beer | 124 L Bridgman | 235 G Barriball |
| May 2012 | 209 M Hayley | 204 Tom Bond | 155 S Smith | 41 H Mercer |
| June 2012 | 250 V Ley | 37 R Gerry | 238 R Hancock | 162 Shillabeer |
| July 2012 | 258 Ryan Horn | 295 Ian Wilson | 136 Mike Coles | 281 Peter Daniel |
| August 2012 | 278 J Langmead | 59 Val Hearn | 241 Mrs Rowley | 277 Wally Slade |
| September 2012 | 91 Sarah Ley | 82 Billy Box | 101 Julie Bond | 157 R Robinson |
| October 2012 | 88 P O'Brien | 37 Rose Gerry | 183 Mark Dowson | 230 Alf Daniels |

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